



INSTITUTE
OF SUPPORTIVE COMMUNICATION

WAY TO RESILIENCE

EFFECTIVE PSYCHOSOCIAL SUPPORT FOR
DISPLACED UKRAINIANS

08-11.06.2023

WITH THE
FINANCIAL
SUPPORT OF



OVERVIEW



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| WH AT | The conference aims to enhance capacity of organizations offering psychosocial support for displaced Ukrainians, by supporting intra-European cooperation through establishing multi-lateral, multi-level and multi-stakeholder platforms to address common challenges, facilitating people-to-people contacts, and transferring know-how from the EU to non-EU countries in the CEI membership. |
| WH O | Experts in the field from organizations who offered MHPSS support to displaced Ukrainians in the field for the past year, as well as organizations specialized in MHPSS support for a wide variety of crisis situations. Participants from organizations that currently offer MHPSS support to displaced Ukrainians in 13 European countries. |
| WH Y | Mental health and psychosocial support is a deciding factor for successful socioeconomic integration of displaced people. Currently, efforts in this direction could benefit from better coordination and systematic efforts to address challenges such as limited resources and a lack of a structured framework . Implementing MHPSS interventions in a sustainable and coordinated manner is of paramount significance. |



OVERVIEW



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| WH ERE | Sofia, Bulgaria Ukrainian Educational Hub |
| PART ICIP ANTS | Albania, Bulgaria, Croatia, Hungary, Italy, Moldova, North Macedonia, Poland, Romania, Slovakia, Slovenia, Ukraine |
| SPE AKE RS | Bulgaria, Ukraine, Israel, Poland |

DAY 1

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12:00 - 18:00

Arrival and Registration

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19:00 - 21:00

Official Opening Ceremony + Dinner

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21:00 - 22:00

Networking activity

DRAFT PROGRAM



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DAY 2

07:30 - 08:00: Mindfulness exercise



08:00 - 10:00: Breakfast



10:00 - 10:30: Keynote Speaker + Q&A



10:30 - 11:30: Session 1 - ITC



11:30 - 11:45: Coffee break



11:45 - 12:45: Session 2



12:45 - 13:45: Session 3

13:45 - 14:45: Lunch

14:45 - 15:45: Session 4



15:45 - 16:45: Session 5



16:45 - 17:00: Coffee break



17:00 - 18:00: Session 6



18:00 - 19:00: Session 7



19:30 - 21:30: Dinner

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DAY 3

07:30 - 08:00: Mindfulness exercise



08:00 - 10:00: Breakfast



10:00 - 11:00: Workshop 1 ENG

10:00 - 11:00: Workshop 2 UA



11:00 - 11:15: Coffee break



11:15 - 13:15: Workshop 1 ENG

11:15 - 13:15: Workshop 2 UA



13:15 - 14:15: Lunch

14:15 - 15:15: Workshop 3 ENG

14:15 - 15:15: Workshop 4 UA



15:15 - 15:30: Coffee break



15:30 - 17:30: Workshop 3 ENG

15:30 - 17:30: Workshop 4 UA



19:30 - 21:30: Dinner

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DAY 4

08:00 -09:00: Mindfulness exercise



10:00 - 11:00: Plenary Session



11:00 - 11:30: Coffee Break



11:30 - 12:30: Reflection activity
and closing remarks



12:30: Departure

DRAFT PROGRAM



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MEET THE PRESENTER



ANDREY NIKOLOV

Founder of Institute of Supportive Communication, advising on creating and sustaining effective communication culture that drives superior operating results. Co-founder of Open International Training Festival, Training Wave International, IT People Management annual conference, HR in IT best practices award.



MEET THE PRESENTER



IOM

Founded in 1951, the International Organization for Migration (IOM) is the leading intergovernmental organization in the field of migration. Since 2016, IOM has been an associate UN Migration Agency. IOM is dedicated to the principle that humane and orderly migration benefits people seeking a new start and their host society.



MEET THE PRESENTER



UNICEF

UNICEF works in the world's toughest places to reach the most disadvantaged children and adolescents - and to protect the rights of every child, everywhere.

UNICEF stands with the children of Ukraine and will continue working with partners to support them through the war and beyond.



MEET THE PRESENTER



ISRAEL TRAUMA COALITION

was created in 2002 to harness the collective knowledge, expertise and experience of Israel's leading trauma management NGOs and government organizations. From an initial focus on direct care, we grew and expanded our scope of services to address broader issues in the trauma field including professional training, strengthening community resilience and ensuring national emergency preparedness.



MEET THE PRESENTER



VIARA LAZAROVA

Viara has more than 20 years of international experience as a Performance Coach, People Development Expert, Trainer, Learning & Development Consultant, Continuous Improvement Manager and Managing Director in the fields of Corporate Culture, Organizational and Business Development, Education and HR Services.



MEET THE PRESENTER



KATYA ROMANENKO

Kateryna is Vice President of ANIMUS, a foundation that creates educational projects for young people and youth workers.

Kateryna's experience as a psychologist and non-formal education trainer leads the foundation to create new interesting projects for young people and raise the prestige of youth work at the local and international levels. Kateryna works with the development of youth communities.



MEET THE PRESENTER



SVETLANA GOMENYUK

Svitlana Homeniuk, psychologist, art therapist, systemic family therapist, member of the All-Ukrainian Art Therapy Association. In her work, she relies on metaphorical and symbolic images, which she depicts graphically. She is a developer and artist of metaphorical associative cards that help people discover their own inner peace, reveal their potential, and find resources in difficult situations.



CURRENT STATUS OF PREPARATIONS



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| LOCA TION | There has been a change in venue , due to our desire to make the conference more accessible to representatives of local partner organizations. For this, we relocated the event to Sofia, Bulgaria , and we have confirmed location for the sessions and workshops in the Ukrainian Educational Hub, bul. Slivnitsa 188B, et. 1 . We are currently negotiating with nearby hotels for guests accommodation and meals. |
| PARTI CIPA NTS | Partner organizations have been contacted with information about the conference, and proposal to send participants. A portion of the contacted organizations have already participants (see annex), and we are awaiting feedback from others. |
| SPEAK ERS | We received confirmation from speakers from IOM, UNICEF, ANIMUS, Thistle&Lime and Institute of Supportive Communication. We are in the process of finalizing topics and formats of the different sessions, and working on handouts. |

CURRENT STATUS OF PREPARATIONS



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|---------------------|---|
| PARTNERS | ONE events, a Bulgarian event management company have agreed to be the technical partner for the conference, and to provide the necessary technical equipment during the conference activities. We are in negotiations with other potential partners for in-kind and financial support. |
| MATERIALS | We are in the process of creating the digital space where speakers and participants can share materials. |
| CO-FINANCING | We have currently reached 80% of our target fundraising goals for the co-financing of the event. |



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