

# The ITHACA newsletter

ITHACA helps European regions to share experience in smart health and care innovation to promote active and healthy ageing.

*As you set out for Ithaca  
hope the voyage is (...) full of adventure, full of discovery.  
- C.P. Cavafy*

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## CO-DESIGN IN KRAKOW

On the 5th of June in Krakow, ITHACA presented best practices and establish guidelines on building an



What did the



A professional

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care.

Krakow? [Watch the VIDEO report!](#)seminar. [See the drawings here...](#)


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## EXCHANGE OF EXPERIENCE IN BILBAO

If everybody is willing to share, it is easier to create more complex projects involving big data in healthcare.

The 4th EEPE took place in Bilbao in March, where the Basque healthcare and ecosystem were the centre of attention.



HOW THEY SHARE SATA IN  
THE BASQUE COUNTRY

[Watch the video!](#)



DATA USAGE & LACK OF USER  
FOCUS

[Here is what we learned.](#)

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